

Requirements that will be completed at camp

Trailblazer

Tenderfoot

1. Present yourself to your leader, properly dressed, before going on an overnight camping trip. Show the camping gear you will use. Show the right way to pack and carry it.
2. Spend at least one night on a patrol or troop campout. Sleep in a tent you have helped pitch.
3. On the campout, assist in preparing and cooking one of your patrol's meals. Tell why it is important for each patrol member to share in meal preparation and cleanup, and explain the importance of eating together.
4. a. Demonstrate how to whip and fuse the ends of a rope.
4. b. Demonstrate you know how to tie the following knots and tell what their uses are: two half hitches and the taut-line hitch.
5. Explain the rules of safe hiking, both on the highway and cross-country, during the day and at night. Explain what to do if you are lost.
6. Demonstrate how to display, raise, lower, and fold the American flag.
11. Identify local poisonous plants; tell how to treat for exposure to them.
12. a. Demonstrate the Heimlich maneuver and tell when it is used.
12. b. Show first aid for the following:
 - Simple cuts and scratches
 - Blisters on the hand and foot
 - Minor burns or scalds (first degree)
 - Bites and stings of insects and ticks
 - Poisonous snakebite
 - Nosebleed
 - Frostbite and sunburn

Second Class

1. a. Demonstrate how a compass works and how to orient a map. Explain what map symbols mean.
2. c. On one campout, demonstrate proper care, sharpening, and use of the knife, saw, and ax, and describe when they should be used.
2. d. Use the tools listed in requirement 2c to prepare tinder, kindling, and fuel for a cooking fire.
2. e. Discuss when it is appropriate to use a cooking fire and a lightweight stove. Discuss the safety procedures for using both..
2. f. Demonstrate how to light a fire and a lightweight stove.
5. Identify or show evidence of at least ten kinds of wild animals (birds, mammals, reptiles, fish, mollusks) found in your community.
6. a. Show what to do for "hurry" cases of stopped breathing, serious bleeding, and internal poisoning.
7. c. Demonstrate first aid for the following:
 1. Object in the eye
 2. Bite of a suspected rabid animal
 3. Puncture wounds from a splinter, nail, and fishhook
 4. Serious burns (second degree)
 5. Heat exhaustion
 6. Shock
 7. Heatstroke, dehydration, hypothermia, and hyperventilation

First Class

5. Visit and discuss with a selected individual approved by your leader (elected official, judge, attorney, civil servant, principal, teacher) your constitutional rights and obligations as a U.S. citizen.
6. Identify or show evidence of at least ten kinds of native plants found in your community.

7. a. Discuss when you should and should not use lashings
7. b. Demonstrate tying the timber hitch and clove hitch and their use in square, shear, and diagonal lashings by joining two or more poles or staves together.
8. a. Demonstrate tying the bowline knot and describe several ways it can be used.
8. b. Demonstrate bandages for a sprained ankle. and for injuries on the head, the upper arm, and the collarbone.
8. c. Show how to transport by yourself, and with one other person, a person:
 - from a smoke-filled room
 - with a sprained ankle, for at least 25 yards.

Trailblazer Overnighter Packing List

- Backpack to carry personal gear in
- Water bottle
- Flashlight
- Raingear
- Sleeping Bag
- Ground pad
- Change of clothes
- WE ARE PROVIDING TENTS!!!

Requirements NOT completed at Camp

Nature

Reptile and Amphibian - will not be completed at camp

8. Do ONE of the following:

- (a) Maintain one or more reptiles or amphibians for at least a month. Record food accepted, eating methods, changes in coloration, shedding of skins, and general habits; or keep the eggs of a reptile from the time of laying until hatching; or keep the eggs of an amphibian from the time of laying until their transformation into tadpoles (frogs) or larvae (salamanders).
- (b) Choose a reptile or amphibian that you can observe at a local zoo, aquarium, nature center, or other such exhibit (such as your classroom or school). Study the specimen weekly for a period of three months. At each visit, sketch the specimen in its captive habitat and note any changes in its coloration, shedding of skins, and general habits and behavior. Find out, either from information you local on your owner by talking to the caretaker, what this species eats and what are its native habitat and home range, preferred climate, average life expectancy, and natural predators. Also identify any human-caused threats to its population and any laws that protect the species and its habitat. After the observation period, share what you have learned with your counselor.

Forestry

5. Do one of the following

(a) visit a managed public or private forest area with the manager or a forester who is familiar with it. Write a brief report describing the type of forest, the management objectives, and the forestry techniques used to achieve the objectives.

(b) With a knowledgeable individual, visit a logging operation or wood-using manufacturing plant. Write a brief report describing the following: 1-7

© Take part in a forest-fire prevention campaign in cooperation with your local fire warden, state wildfire agency, forester, or counselor. Write a brief report describing the campaign, how it will help prevent wildfires, and your part in it.

7. Visit one or more local forester and write a brief report about the person (or persons). Or, write about a forester's occupation including the education, qualifications, career opportunities, and duties related to forestry.

Handicrafts

Art - will not be completed at camp

4. With your parents permission and your counselor's approval, visit a museum, art exhibit, art gallery, artists' co-op, or artist's workshop. Find out about the art displayed or created there. Discuss what you learn with your counselor.

Life to Eagle

Communications – will not be completed at camp

8. plan a troop court of honor or campfire program. Have the patrol leaders' council approve it, then write the script and prepare the program. Serve as master of ceremonies.

Aquatics

Swimming

To complete req 4

A scout should bring long pants, long sleeve shirt, and shoes that can get wet

Blobbering, Sliding, Boating, Iceberg

MUST be a swimmer

Shooting Sports

Rifle

Each scout taking rifle shooting should have a distance of at least 13 inches between the tip of his thumb and the top of his arm. Each scout should be at least 13 years of age or second year campers and have the strength and size to manage a 10-pound target rifle.

Shotgun Shooting

Scouts must be at least 14 years of age to take this merit badge.

Ozark Venture Base

Participants should be at least 13 years of age and have achieved the rank of 1st class by January 1st.

C.O.P.E. (Challenging Outdoor Personal Experience)

OZARK Climbing School

Participants should in great physical condition.

Mountain Man Ozark Ultimate Trek (O.U.T.)

Sports

Athletics- will not be completed at camp:

3. Select an athletic activity to participate in for one season (or four months). Then do the following:
 - a) With guidance from your counselor, establish a personal training program suited to the activity you have chosen.
 - b) Organize a chart for this activity and monitor your progress during this time.
 - c) Explain to your counselor the equipment necessary to participate in this activity, and the appropriate clothing for the season and the locale.
 - d) At the end of the season, discuss with your counselor the progress you have made during training and competition and how your development has affected you mentally and physically.
5. Complete the activities in FOUR of the following groups and show improvement over three months.
6.
 - b) With your parent's and counselor's approval, serve as an official or volunteer at a sports meet to observe officials in action. Tell your counselor about your responsibilities at the meet and discuss what you learned.

Personal Fitness- will not be completed at camp.

8. Complete the physical fitness program you outlined in requirement 7. Keep a log of your fitness program activity (how long you exercised; how far you ran, swam, or biked; how many exercise repetitions you completed; your exercise heart rate; etc.). Repeat the aerobic fitness, muscular strength, and flexibility tests every two weeks and record your results. After the 12th week, repeat all four tests, record your results, and show improvement in each one. Compare and analyze your preprogram and postprogram body composition measurements. Discuss the meaning and benefit of your experience, and describe your long-term plans regarding your personal fitness.

Requirement 1 requires the scout to have a physical examination and a dental examination and bring a statement saying that his teeth have been checked and cared for.

Scoutcraft

Camping – will not be completed at camp

- 4b. Help a Scout patrol or a Webelos Scout unit in your area prepare for an actual campout, including creating the duty roster, menu planning, equipment needs, general planning, and setting up camp.
- 5e. Present yourself to your Scoutmaster with your pack for inspection. Be correctly clothed and equipped for an overnight campout.
- 8d. Cook at least one breakfast, one lunch, and one dinner for your patrol from the meals you have planned for requirement 8c. At least one of those meals must be a trail meal requiring the use of a lightweight stove.
9. Show experience in camping by doing the following:
 - a. Camp a total of at least 20 days and 20 nights. Sleep each night under the sky or in a tent you have pitched. The 20 days and 20 nights must be at a designated Scouting activity or event. You may use a week of long-term camp toward this requirement. If the camp provides a tent that has already been pitched, you need not pitch your own tent.
 - b. On any of these camping experiences, you must do TWO of the following, only with proper preparation and under qualified supervision:
 1. Hike up a mountain, gaining at least 1,000 vertical feet.
 2. Backpack, snowshoe, or cross-country ski for at least 4 miles.
 3. Take a bike trip of at least 15 miles or at least four hours.
 4. Take a nonmotorized trip on the water of at least four hours or 5 miles.
 5. Plan and carry out an overnight snow camping experience.
 6. Rappel down a rappel route of 30 feet or more.
 - c. Perform a conservation project approved by the landowner or land managing agency.

Emergency Preparedness – will not be completed at camp

- 2c. Meet with and teach your family how to recognize, prevent, and react to the situations on the chart you created for requirement 2b. Then meet with your counselor and report on your family meeting, discussing their responses.
- 8c. Prepare a personal emergency service pack for a mobilization call. Prepare a family kit (suitcase or waterproof box) for use by your family in case an emergency evacuation is needed. Explain the needs and uses of the contents.

Fire Safety – will not be completed at camp

- 6a. Draw a home fire-escape plan, create a home fire-drill schedule, and conduct a home fire drill.