

OUT Program Equipment:

All participants in the OUT program need to have the following items:

- Backpack suitable for a 10 mile hike**
- Backpack tent (1/2 for the total amount of individuals going per troop)**
- Sleeping Bag**
- Water Bottle or hydration bag**
- Long Pants**
- Hiking Boots**
- Insect Repellent- see attached file for specific type**
- Flashlight or other portable lighting source (available at trading post)**
- Sunscreen**
- Water Shoes – Aqua Socks – or old sneakers**
- If you have a backpack stove (bring it- though not required)**
- raincoat or poncho**
- hat or cap**
- Plate and Eating utensils (mess kit)**
- Mt. Bike – Bikes will be provided if you are unable to bring one.**
- Bike Helmet – We will provide if you don't own one.**
- Swim trunks**